



SAIKI CITY: SUMO WRESTLER

Saiki City is our **Sister City** in Japan!

This means we share a very special friendship with the city and have lots in common. Similar to Gladstone, Saiki City loves its sport!

There is a famous sumo wrestler from Saiki City called **Yoshikaze Masatsugu**.

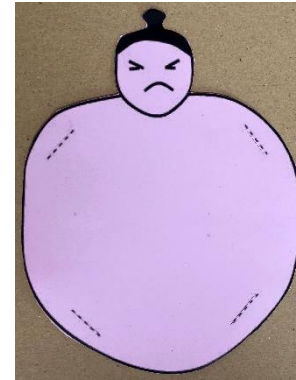
Yoshikaze achieved the third highest sumo wrestler rank, **sekiwake**, in January 2016.

He has won many challenges against strong opponents including those with the highest sumo wrestler ranking, **yokozuna**.



MAKE YOUR OWN SUMO

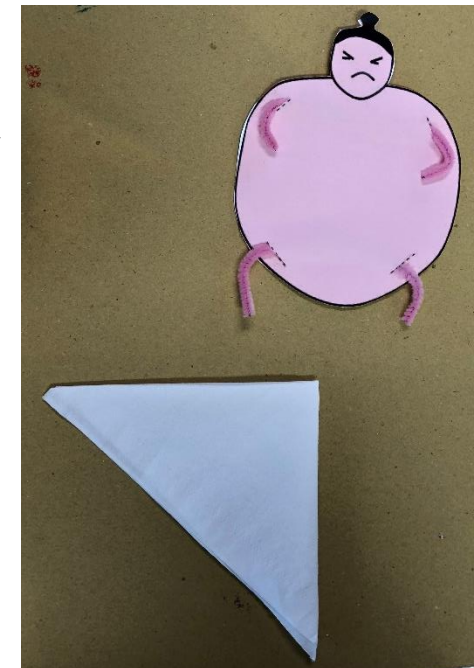
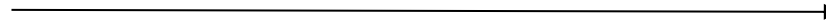
- Take one piece of **pink paper** – this is the body and head of the sumo →
- Thread one pipe cleaner through the holes at the top and **fold to make arms** →
- Thread another pipe cleaner through the holes at the bottom and **fold to make legs** →



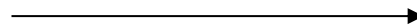
- Glue the white cardboard sumo to the back of the pink piece, covering the pipe cleaners

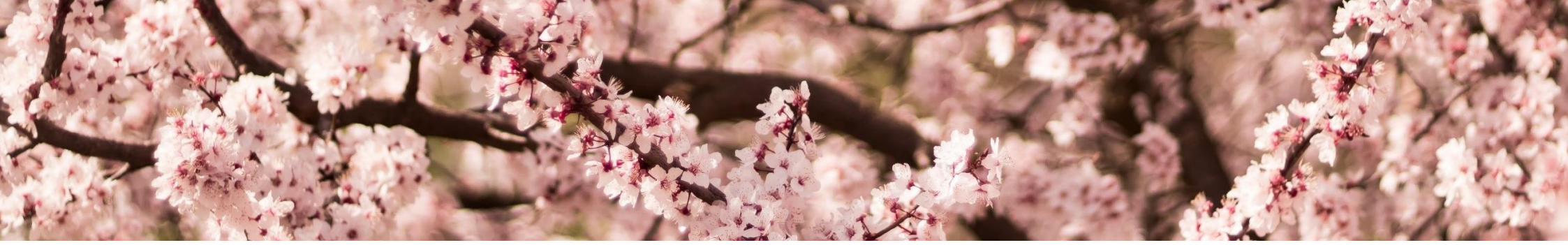


- Fold a white tissue in half to create a triangle



- Glue all three corners to the middle of the pink sumo, creating the *Mawashi*



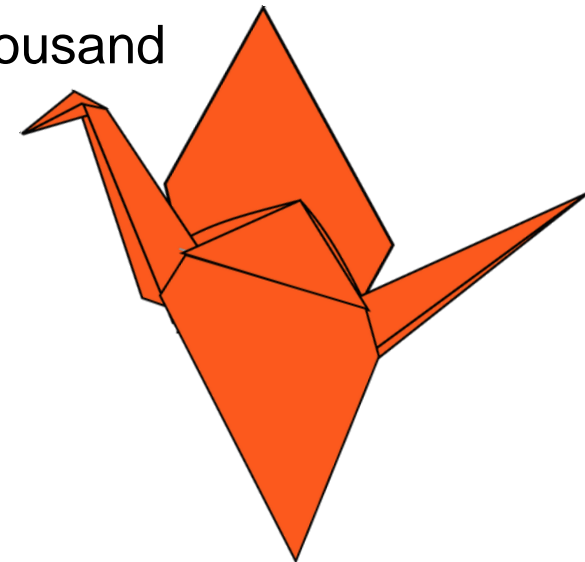
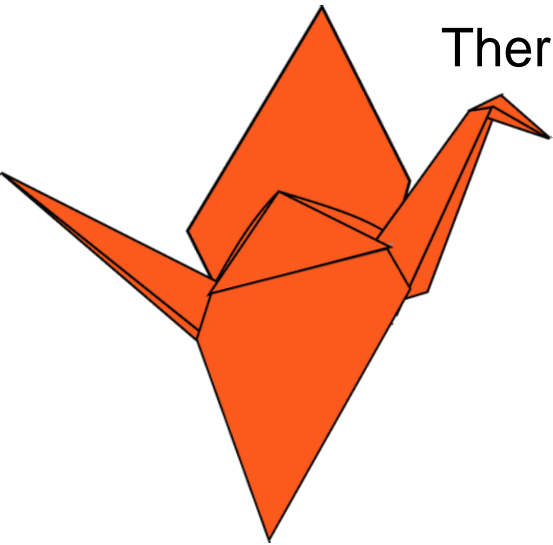


HIROSHIMA: ORIGAMI

Origami is the ancient Japanese tradition of folding paper to create new shapes.

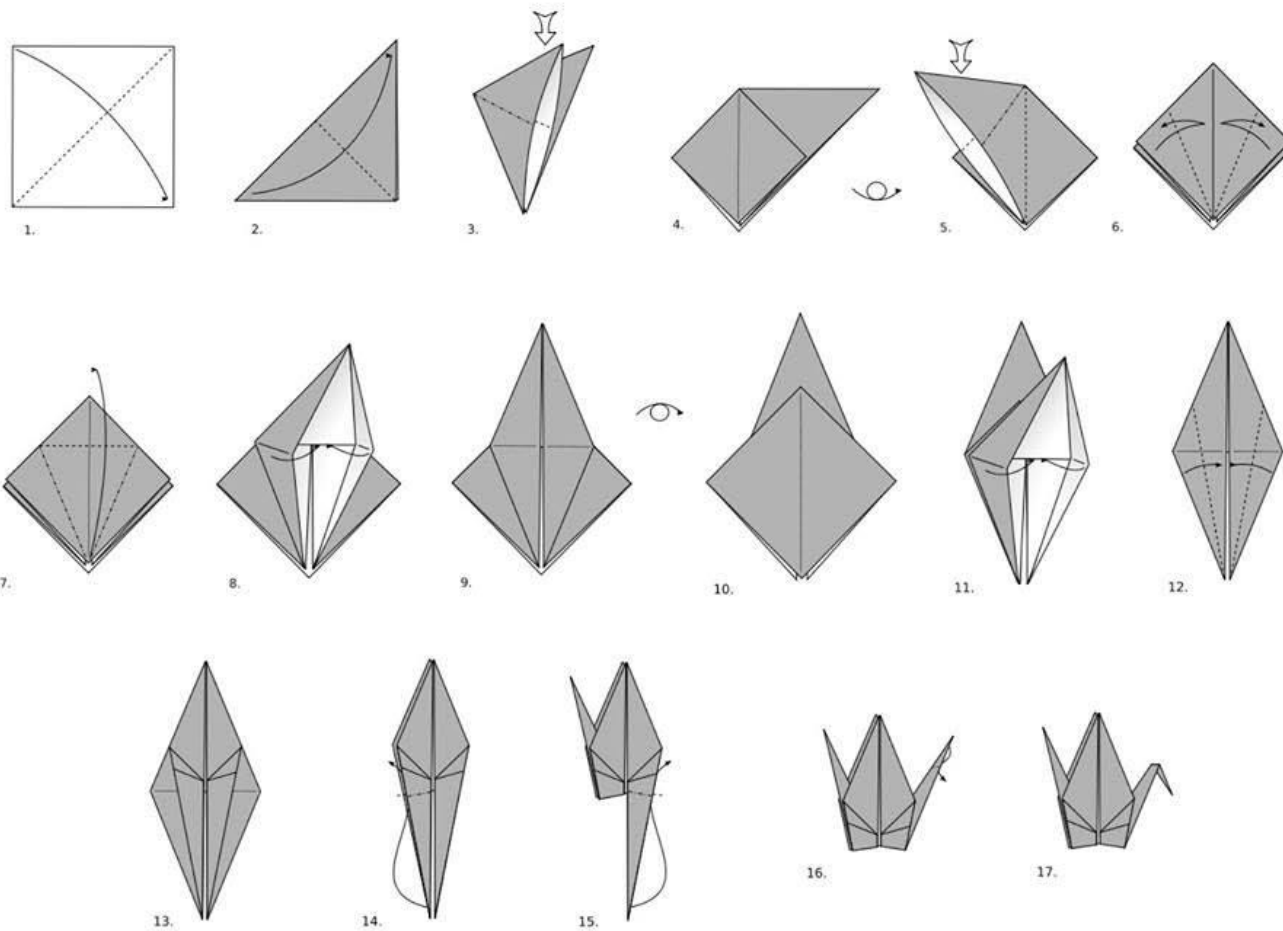
Hiroshima is the **centre for peace** in Japan. Every year, thousands of people travel to Hiroshima to leave origami paper cranes at the **Hiroshima Children's Peace Monument**.

There is a legend that says if you can make one thousand paper cranes you will be granted a wish.



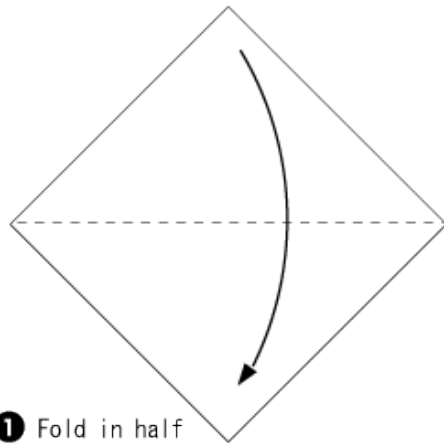


MAKE YOUR OWN CRANE (ADVANCED)

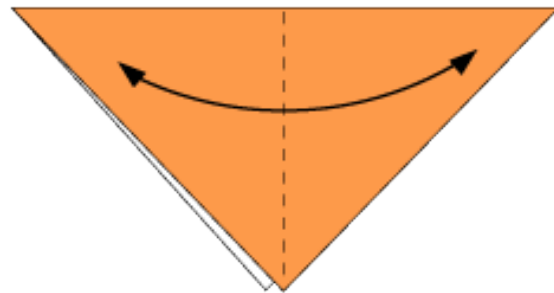




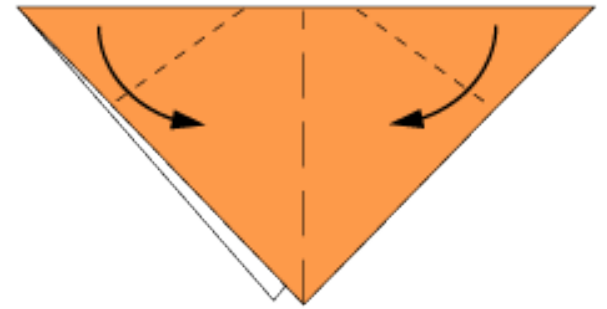
MAKE YOUR OWN DOG (BEGINNER)



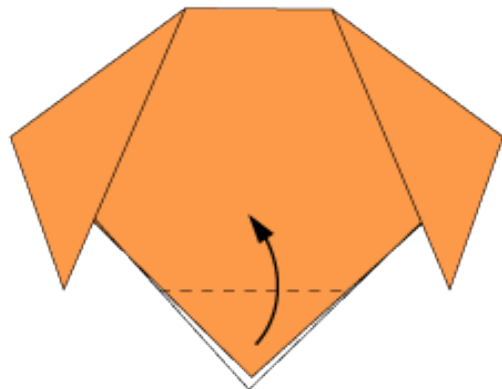
❶ Fold in half



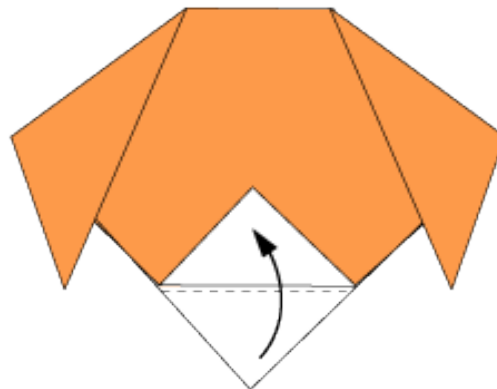
❷ Fold in half to make crease



❸ Fold in the dotted line

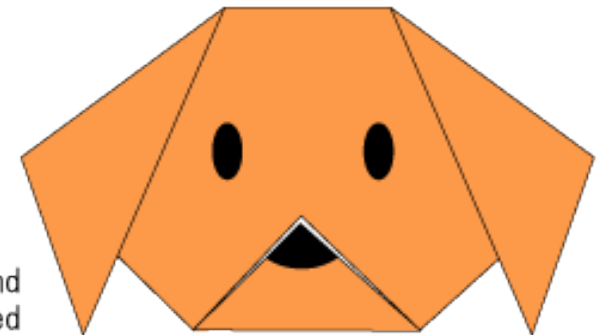


❹ Fold in the dotted line



❺ Fold in the dotted line

❻ Draw a face and finished



A Dog (face)



OSAKA: SUSHI

Osaka was once the **centre for rice trade** during the **Edo period** (between 1603 and 1868).

Today, Osaka is known as **Tenka no Daidokoro** – the nation's kitchen.
There are many gourmet restaurants in the city.

The most famous dish served in Osaka is **okonomiyaki**, a savoury Japanese pancake.



MAKE YOUR OWN COTTON BALL SUSHI

- Take **two cotton balls**



- **Cut the tape** approximately 8cm in length and stick the two cotton balls to the tape



- **Wrap the cotton balls in the tape** to create a sushi roll



- Glue **pieces of felt** to the visible end of each cotton ball to create your sushi filling





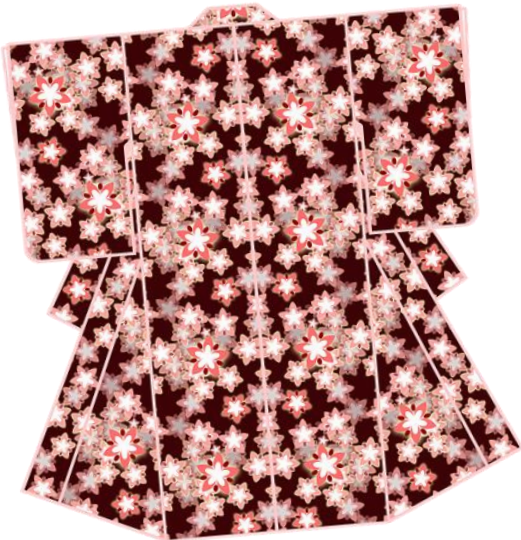
KUMAMOTO: KIMONO & HAPPI-COATS

Kumamoto is fast becoming the **fashion capital of Japan**.
In this city, you can buy traditional and contemporary Japanese fashion.

Kimonos and **Happi-coats** are traditional Japanese garments.

Pronounced “**Kim-in-o**” it means “**a thing to wear**”.
Kimono are traditionally worn by women and are wrapped around the body
with the left side always over the right and secured by
a sash called an **obi**.

Shorter sleeved **happi-coats** are traditionally
worn by men.





TRY ON OUR KIMONO & HAPPI-COATS

- **Please line up and wait** until there is a free Kimono or Happi-coat for you
- Put your arms through the sleeves like a jacket and wrap the extra material around your middle. Remember to wrap it so the **left side goes over the right**
- Finally, **secure the material with an obi (sash)** by tying it at the back
- Don't forget to **help others** and say "THANK YOU!" or "**ARIGATOU**" (Thank-you in Japanese)

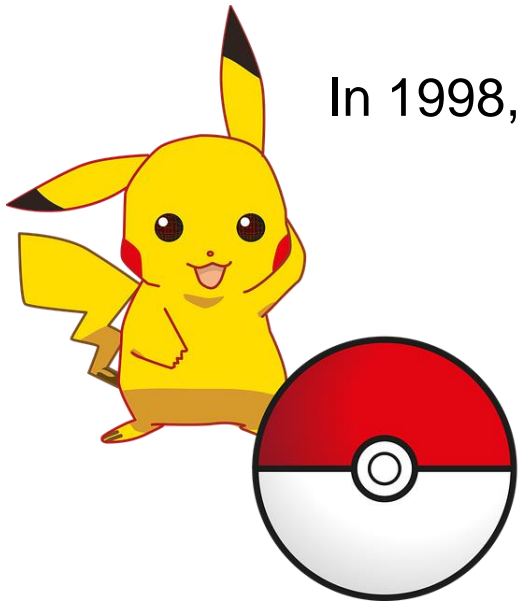


TOKYO: POKÉMON CARD DESIGN

Tokyo is the **centre for popular culture** in Japan.

Pokémon was created by **Stoshi Tajiri**. Tajiri was born in Tokyo's suburbs where he would catch insects and tadpoles. He was inspired by his childhood to create the Pokémon creatures.

In 1998, the first **Pokémon Centre Store** was opened in Tokyo.





DESIGN YOUR OWN POKÉMON CARD

- **Select a blank Pokémon Card**

Draw your Pokémon here!

Name your Pokémon!

What are your Pokémon's Strengths?

What are your Pokémon's Weaknesses?

Pokemon Name

Power

Weakness



KYOTO: EMA VOTIVE TABLETS

Kyoto is famous for its many **Shinto Shrines**. These shrines can be found in every city and town in Japan. They hold **sacred objects** and are very spiritual places.

When people visit these shrines, they can leave **special tablets or plaques** called **Ema**. On one side of the tablet there is usually a picture.

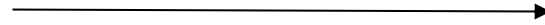
On the other side of the tablet you can write a wish!





CREATE YOUR OWN EMA VOTIVE TABLET

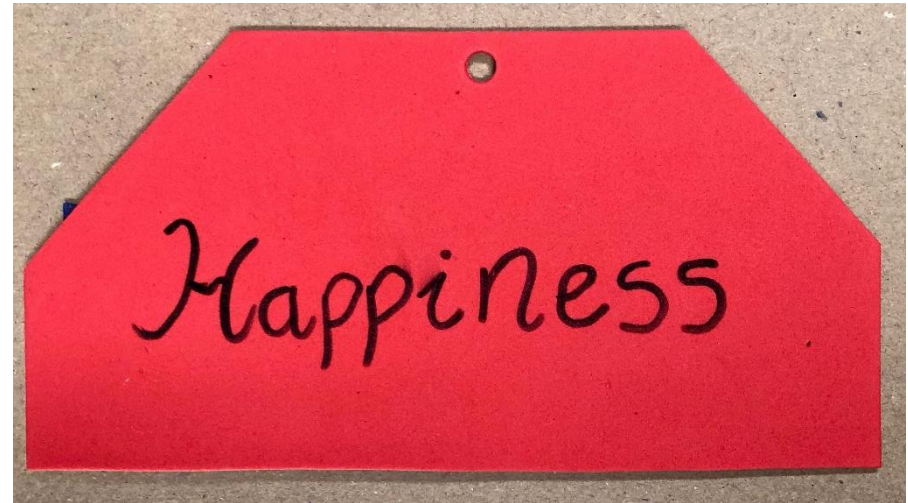
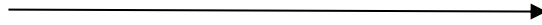
- **Select a blank Ema Votive Tablet**



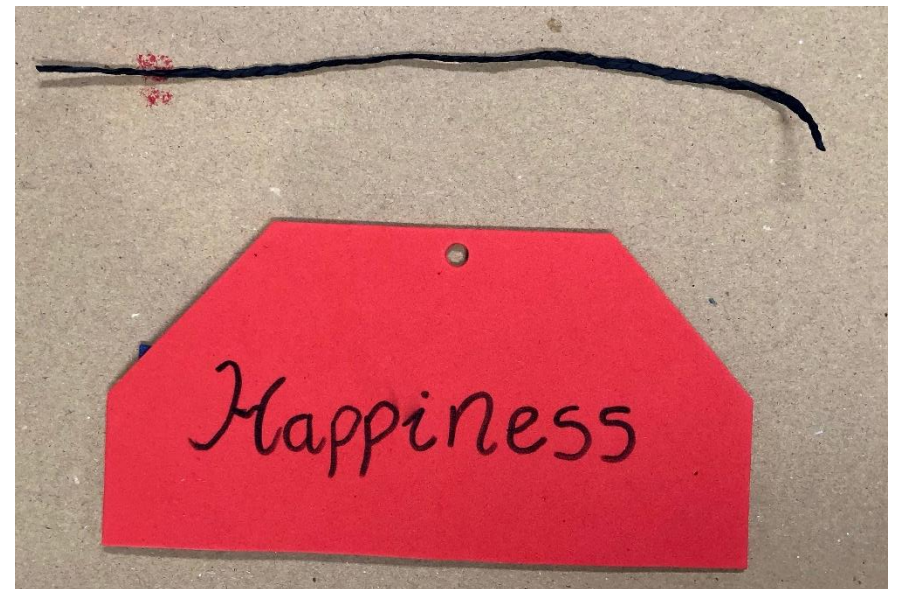
- **Paste some different shapes on one side of the tablet**



- **Write or draw your wish** on the back



- **Tie string** through the top of the tablet





JAPANESE LUNAR NEW YEAR

There are **twelve animals** in the Japanese Zodiac Calendar. Rat, bull, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog and boar.

Each year is represented by a zodiac animal. **What year were you born?** Find your year on the poster and discover your zodiac animal!